

Yr	Autumn 1	Autumn 2		Spring 1	Spring 2	Summer 1	Summer 2
7	Transition and Safety	Knowing Yourself		Inclusive Community	Healthy Body & Mind	Skills & Aspirations	How have we changed?
	1. Road Safety	1. Putting an end to a the rumour y	CH	4. Protected characteristics NEW	1. Eating for health	1. Jobs of past/present/future NEW	1. review of your year NEW
	2. Rail Safety	2. Knowing yourself - careers NEW	PH	1. Ban the banter	2. Looking after our physical health	2. Wide ranging careers NEW	2. Targets for year NEW
	3. Mobile Phone use - safety online	3. Gender Stereotypes	*PH	2. No outsiders	3. Managing risks (medicines)	3. Linking education and careers NEW	3. Healthy habit for the summer NEW
	4. Online gaming	4. Family types	CH	3. Online relationships	4. Digital Health	4. Interpreting online info	4. Strategies for negatives online NEW
	5. Influences and pressures	5. Your online reputation	DH	5. Creating a safe space for others in our community	5. Introduction to mindfulness	5.Read to succeed NEW	5. Milestone and WCC NEW
	6. Scenario	6. Scenario	Eng	6. Scenario	6. Scenario	6. Scenario	6. Scenario
8	Managing Risks (Drugs & alcohol)	Your character		Explore your future choices	Respectful relationships	Healthy Body, Mind	Building Character
	1. Alcohol and drugs – influences	1. Persona vs character NEW	SMI?	1. Thinking ahead to curriculum choices	1. What is consent	1. Building on a positive relationship.	1. Being a prefect & D of E launch assembly
	2. Smoking and vaping	2. Bullying	ESH	2. How is work changing in the modern world	2.Different types of relationships	2. How do we look after our sexual heath ?	2. Consequences of illegal access & downloads
	3. Online threats	3. Power of language	CSE	3. Growth and decline of industries	3. Discrimination in the workplace	3. Health approaches to exercise	3. Targets for Year 9
	4. Sharing sexual images	4. How to develop self esteem L4	Amo	4. Crediting rights of others	4. Healthy and unhealthy relationships	4. Mindfulness	4. Healthy habits for the summer
	5. The impact of online technology	5. Personal preferences (careers)	PH	5. Creating positive profiles	5. Sexting and sextortion (online boundaries)	5. Digital privacy and security	5. Milestones & WCC
	6. Scenario			6. Scenario	6. The concept of ownership online	6. Scenario	6. Scenario
9	Respectful relationships	Emotional Health and wellbeing		First Give	First Give & Present your character	Safe Choices	Consider your employability skills
	1. History of LGBTQ+	1. Resilience YR 9 L5	H/L	1. Understanding social issues	1. What does good look like?	1. Attitude to drugs	1. Discrimination in the workplace -
	2. Understanding marriage	2. Self harm	CFR	2. Research and investigate	2. What presentation will represent our class?	Drugs and the law L2	2. Skills for the future
	3. Have an equal say	3. Social media influence	DBU	3. Planning our pitch	3. What presentation will represent our class?	3. Brain Development – revisit curious not furious NEW	3. Main employers in Hampshire NEW
	4. Navigating social and peer pressure	4. Harassment (school policy)	BPe	4. How will we support our charity?	4. What happens after you finish school NEW	4. Protecting personal content	4. Behaviour in the workplace NEW
	5. How technology shapes communication	5. Online harassment	*DH	5. Planning the presentation	5. Targets for Year 10 NEW	5. Gaming currency and gambling	5. Creating an online profile
	6. Toxic masculinity	6. Accessing support (Kooth)	CFR	6. Final Presentation planning	6. Critical evaluation of online sources	6. Scenario	6. Understanding online algorithms
	7. Scenario	7. Scenario	Eng	7. Scenario	4. Scenario		7. Scenario
10	Plan your future career	Choices and consequences		Building resilience	Your character	Money Matters (Maths Dept)	Demonstrate you character
	1. Reflecting on your interests	1. Legal and illegal drugs	HBU	1. Stresses and solutions NEW	1. Media and body image L2	1. Interest Rates and AER	1. Role modelling leadership
	2. National and global trends	2. Drugs and mental health	HBU	2. Positive online interactions	2. Ground rules and defining sexual harassment	2. Ways to pay and security	2. College visits and reflections NEW
	3. WEx - How to contact employers	3. What is addiction?	PHU	3. Accessing support (DOSE)	3. Ethical publishing	3. Loan sharks	3. Post-16 choices NEW
	4. WEx -Researching possible placements	4. Drug supply and the law	CFR	6. Scenario	4. Sexual language in school	4. Work Experience - How to behave at work	4. Graduation NEW
	5. post-16 qualifications	5. Substance addiction: how to seek help	PHU	4. How to revise NEW	5. Navigating social pressure	5. Health and Safety in the workplace	5. Targets for Year 11 NEW
	6. Carer pathways.	6. Legislation and online behaviour	DH	5. Ways to deal with pressure NEW	6. Scenario	6. Scenario	6. Scenario
	7. Scenario	7. Scenario	Eng				
11	Influencing others	Building for the future		Money Matters (Maths Dept)	Showcase your Character	Exam preparation	
	1. Identifying healthy qualities in a relationship	1. Importance of life-long learning NEW	PH	Money and mental health	1. Revision strategies (masterclasses) x4		
	2. Navigating conflict in relationships	2. What is LMI? NEW	ü	2. Value for money	2. Mindfulness		
	3. Taking others' perspectives	3. The importance of options NEW	PH	3. Managing debt			
	4. Attenuating conflict online	4. Mock exams	ü	4. Budgeting as a student			
	6. Scenario	5. Mock exams	ü	5. Online scams			
	5. A revision timetable	6. Apply for college NEW	PH	6. Scenario			

Golden Threads

My future...choices & consequences	Careers link		
Responsibility to others and society	RSHE		Protected Characteristics
Knowledge of self	citizenship		School and British Values
	online safety		Safeguarding curriculum